



"Nothing But The Best"

# TOOWOOMBA NORTH STATE SCHOOL

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## TOOWOOMBA NORTH SUNSMART POLICY

### Rationale

Our SunSmart policy has been developed to ensure that all students and staff attending this school are protected from skin damage caused by the harmful ultraviolet rays of the sun. It is to be implemented throughout the year.

### Guidelines

As part of general SunSmart strategies our school will:

#### Behaviour

- \* Require children to wear broad-brimmed or legionnaire hats whenever they are outside (e.g. Recess, lunch, sport, and excursions)
- \* Work with the parent community to provide SPF 30 + broad-spectrum, water-resistant sunscreen for staff and student use
- \* Encourage the daily application of sunscreen before school and prior to the lunch break
- \* Encourage children to use available areas of shade for outdoor activities
- \* Request staff and parents to act as role models by practicing SunSmart Behaviours
- \* Staff actively model wearing broad-brimmed hats while on duty and on outside activities

#### Curriculum

- \* Incorporate programs on skin cancer prevention and sun safety into the curriculum at all grade levels
- \* Regularly reinforce SunSmart behaviour in a positive way through newsletters, parent meetings, students and teacher activities
- \* Ensure the SunSmart policy is reflected in the planning of all outdoor events (e.g. Camps, excursions and sporting events).

#### Environment

- \* Provide sun protective clothing items as part of our school uniform

- \* Organise outdoor activities to be held in areas with plenty of shade whenever possible
- \* Schedule outdoor assemblies early in the day or in an area where all students can be in shade
- \* Update and promote curriculum material relevant to SunSmart activities

### **Evaluation**

Toowoomba North P & C will review the effectiveness of this policy each year. They will:

- \* Review the SunSmart behaviour of students, staff, parents and visitors and make recommendations for improvement.
- \* Assess shade provision and usage and make recommendations for increases in shade provision
- \* Update and promote curriculum material relevant to SunSmart activities

### **Conclusion**

By implementing this policy the school is ensuring that the potential risk of damage by the sun is minimised for staff and students.